### **FREE PLAY**

Encourage your child to explore the playset as they please! They could become a mini chef for the day, build cognitive skills by sorting the food pieces, create their own unique game, and so much more. So let your kiddo take control of playtime and see what their imagination cooks up!





Try discussing allergies or diets (e.g., vegetarian diet, seafood allergy) your child, their friend, or a family member might have and integrate these considerations into pretend play.



# Spin & Play!

Attention chefs: see where the spinner lands and gather up your ingredients!





Fly: Find the fly in the pot and put it on your plate.

If you get this section again, you can remove the fly and put it back in the pot or on your opponent's plate.

If your opponent gets this section, they'll have to remove the fly from your plate and put it on theirs.



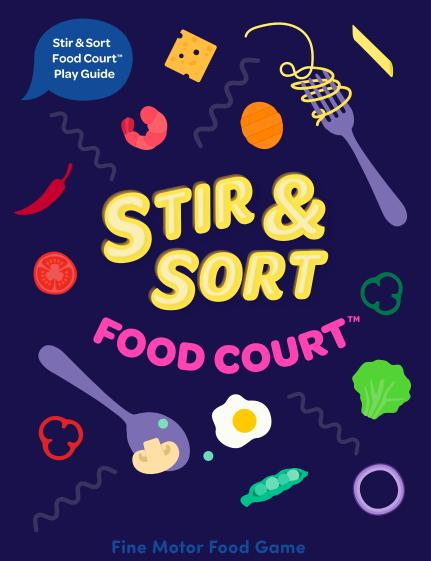
Minus One: Remove an ingredient from your plate and place it back in the pot.



Rainbow: Choose any ingredient on your recipe card and add it to your bowl. Or, remove the fly if it's on your plate.



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#### **LEVEL 1: FEED THE BEARS!**

Ask your child to put all the ingredients in the pot. Then, ask them to choose one of the tongs, use it to pick up any ingredient, identify the ingredient's color, and place it in the bear bowl of the same color. Repeat until all ingredients have been color-sorted and fed to the bears!



## **LEVEL 2: ORDER'S UP!**

Ask your child to put all the ingredients in the pot, line up the bear bowls, pick 4 recipe cards at random, and place a card and plate in front of each bear. Then, using the tongs, ask them to pick the recipe cards' ingredients out of the pot, and place them on the plates. After placing all the cards' ingredients on the plates, feed the bear bowls!







### For an extra challenge

Try using the silhouette side of the recipe cards. Peppers and lettuce come in 2 colors—your child can choose whichever one they like!



Your kiddo needs a sous chef—get involved in playtime! Through these activities, kiddos can practice classifying colors and shapes, listening to instructions, and taking turns, all while improving their hand-eye coordination and pincer grasp! Building these skills helps your child to learn even more complex skills such as, writing letters, and numbers, and taking notes. Start at Level 1 (easiest) and work your way up to Level 4 (most challenging)!

#### **LEVEL 3: RECIPE RACE!**

#### For 2-4 Players

- 1 Start with the bear bowls in the center and fill the pot with all the ingredients.
- 2 Each player gets a plate. Spin the game wheel to see which plate color you'll get!
- 3 Each player picks a recipe card and places all the ingredients on their plate.
- 4 Take turns spinning the wheel: if any ingredient on your plate matches the color the spinner lands on, place it in the matching bear bowl.
  - If you have multiples of one ingredient in the same color (e.g., 3 noodles), place them all in the matching bear bowl.
  - If you have multiple ingredients in the same color (e.g., penne and cheese), place just one in the matching bear bowl.
- 5 The first player with an empty plate, wins!











If you land on the 'minus one' section, you'll need to retrieve the lost ingredient and put it back on your plate to feed the bear bowls and win!

#### **LEVEL 4: YES CHEF!**

#### For 2-5 Players (1 head chef, 1-4 sous chefs)

There are 2 roles in this activity: sous chef and head chef—determine roles for you and your child before getting started.

Through this activity, your child can practice auditory skills (following verbal instructions) and integrating auditory and visual skills (hearing the name of an ingredient, then identifying it visually)!

- Start with the bear bowls in the center and fill the pot with all the ingredients.
- 2 The sous chef needs 2 plates. Spin the game wheel to pick the plate colors!
- 3 The head chef picks 2 recipe cards and, without showing the sous chef, calls out the recipe names. The sous chef then assigns a recipe to each plate.
- 4 The head chef calls out the recipes' ingredients while the sous chef finds them in the pot and moves them to the plates.
- 5 Once the sous chef has found both recipes' ingredients, they'll shout "Yes, chef!" and the head chef will check their plates. If the recipes are complete, the sous chef can put the ingredients in the matching bear bowl.







